

## **Accelerated supports Susan G. Komen Ride for the Cure**

Accelerated Rehabilitation Centers and Gary Gray Physical Therapy proudly announce our support for the first annual Susan G. Komen Ride for the Cure fund raising event. The Ride for the Cure will be held on Saturday August 7<sup>th</sup>, 2010 in Ann Arbor Michigan. It features a 27 mile, 57 mile, and 97 mile bicycle ride starting and ending in Ann Arbor.

Accelerated Rehabilitation Centers and Gary Gray Physical Therapy will be providing physical therapy services during the event. Our role will be to provide injury screening, stretching, and manual therapy for the race participants before, during and after the event.

For more information on Susan G. Komen for the Cure® or to register for the Susan G. Komen Ride for the Cure, log on to their website: <http://www.komenmidmichigan.org/get-involved/komen-activities/ride-for-the-cure.html>.

## **Accelerated and Gary Gray Physical Therapy sponsor the Rally for the Cure Golf Outing**

Accelerated Rehabilitation Centers and Gary Gray Physical Therapy are proud to sponsor the Rally for the Cure Women's 4 player 18 hole Golf Scramble at Wolf's Creek Golf Club in Adrian, Michigan. All proceeds from this event go to "Susan G. Komen for the Cure". Our staff will be on hand to provide golf specific stretching and post event massages. For more information or to attend this event, please call 517-270-1788.

## **Accelerated Physical Therapist Helps in Haiti**

Patrick Christianson, Accelerated PT and facility manager completed a week long relief trip to Haiti in April. Patrick journeyed to Hospital Sacre Coeur, a privately owned hospital in Milot, Haiti. The hospital was one of the only functioning surgical hospitals left after the devastating January 12, 2010 earthquake that left 230,000 people dead and many more injured. In Milot, Patrick provided physical therapy to amputees and fracture and spinal cord injury victims allowing for their discharge from the hospital and return to their communities.

Of his experience, Patrick says "my trip was one of healing versus life and death. It had been over 2 months and the patients were ready to be mobilized and rehabilitated. Our goals were to increase their independence...Many times we asked ourselves; 'what home or what family are they going home to?' Remarkably, most were anxious to return to Port-Au-Prince". "This experience was as rewarding for me as it could ever have been for the few people I was able to help".



Patrick working at the hospital



Tent City where overflow quake victims were quartered

## Accelerated Sponsors the NAOIMPT Symposium

Accelerated was the proud and exclusive physical therapy sponsor of the North American Institute of Orthopaedic Manual Therapy Symposium held in Chicago May 20-24th at Northwestern Memorial Hospital. The 2010 Symposium was titled "The Integration of the Art with the Science of Manual Physical Therapy." There were over 100 physical therapists in attendance and topics covered ranged from manipulation to differential diagnosis/clinical reasoning to new technologies such as rehabilitative ultrasound. Stanley Paris, PT, PhD, FAPTA, was the keynote speaker and nationally recognized senior faculty presented on topics during breakout sessions throughout the weekend.

"We are very proud to sponsor this event, one of the first of its kind in Chicago, and which demonstrates our commitment to manual therapy and putting patients first," said Sarah Jensen, PT, MPT, DSc, CMPT, CEAS, Vice President of Clinical Operations.



## **Accelerated partners with TEAM PAWS Chicago!**

Accelerated is a proud sponsor of Team PAWS 2010. Team PAWS is the endurance club representing PAWS, the Midwest's only cageless, no kill shelter. In 2009, Team PAWS Chicago raised more than \$379,000 for the organization, which found homes for 3,463 homeless animals and sterilized more than 16,000 pets. For more information, visit [www.pawschicago.org](http://www.pawschicago.org) and help Accelerated Rehabilitation Centers save Chicago's homeless pets!

## **Accelerated is a proud Sponsor of Special Olympics Illinois!**

Accelerated is a tournament sponsor of the 2010 Golf "Fore" Special Olympics Illinois at the Hawthorne Woods Country Club August 9, 2010. The sponsorship will make it possible for 12 athletes to attend the fall games.

Special Olympics Illinois supports nearly 21,000 athletes with intellectual disabilities and more than 4,000 young athletes ages 2-7 with and without intellectual disabilities from communities throughout the state. Visit [www.soill.org](http://www.soill.org) for more information.

## **Arthritis Walk 2010**

On May 1, 2010 the staff of Accelerated Rehabilitation Centers in Commerce Township, MI participated in the annual Arthritis Walk. This year's event took place at the Detroit Zoo. Members of the team walked to show their support on the marked 1, 2 or 4 mile routes. The weather dampened our clothes but couldn't dampen the spirit of "Team Accelerated".

Along with lacing up their shoes the team turned in an amazing \$465.00 which was earned by a successful bake sale as well as online donations from friends, family and co-workers. "Team Accelerated" can't wait for next year's event and hopes to have more members on our team. Thank you to those who showed their support with online donations.

## **Accelerated Celebrates 6th Annual Customer Appreciation Night**

In honor of National Nurses Week, Accelerated Rehabilitation Centers celebrated its two Annual Customer Appreciation nights in both Illinois and Iowa. Over 150 customers joined Accelerated staff and enjoyed hors d'oeuvres and cocktails for a "phenomenal" evening, as described by one of the attendees. Customers are the backbone of any successful physical therapy practice. Accelerated understands this, and strives each day to make our customers' experiences positive and productive.

"At Accelerated, we value our patients and referral sources," said Beth Healy, VP, Marketing/Occupational Health. "They have helped us become what we are today. Customer Appreciation Night is one way of saying thanks to our customers for their ongoing support."

## Accelerated Supports 3rd Annual "Join Us on the Roof"

Accelerated Rehabilitation Centers once again sponsored the Chicago Fire Department's 3rd Annual "Join Us on the Roof" event. The event, held May 17, 2010, supports the city's campaign for the United Negro College Fund (UNCF), whose mission it is to increase the college graduation rates of minority students by providing financial support and by serving as a national advocate for higher education. Participants enjoyed watching the Chicago Cubs beat the Colorado Rockies.

## Accelerated supports the ymca!

Accelerated sponsored Southlake YMCA Hub Run in Crown Point, Indiana on 5/16/10. Accelerated staff provided pre and post race stretching and complimentary injury screens at the 5K run and 2K walk. Over 1800 people participated in this event that raises money for YMCA programs and memberships for underprivileged members and families. Rusty the mascot from the Gary Railcats Baseball team even took his turn on one of our tables.



## Accelerated occupational therapist in the news!

Esther Shatzer, OT was recently featured in a WCF Courier article: *Talk to the hand: Use common sense, the right tools and gloves in the garden.* Ester provided her expert opinion on hand injuries related to working in the yard or garden. To read the full article, [CLICK HERE](#).

## Listen for our ad!

Listen for our ad on WGN Radio 720 and WLS Radio 890 and receive a complimentary injury evaluations at any of our 170 centers.

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Visit us on [Facebook](#) and become a 'FAN' of Accelerated to stay updated on the latest news!

### **Research Is Coming to Accelerated Rehabilitation Centers - Oak Park, IL**

Ilyse Boddy, PT, DPT, Accelerated staff physical therapist in conjunction with Mark Sleeper, PT, MS, OCS, Assistant Professor of Physical Therapy from Northwestern University will be conducting a research study for patients with Achilles Tendonitis. The title of the study is: The Effectiveness of Deep Transverse Friction Massage vs. Eccentric Exercise in Sub-acute Achilles Tendonitis: A Pilot Study. For more information on the study and how to participate, [CLICK HERE.](#)

### **Complimentary Injury Screens**

We are now providing complimentary injury screens for My Time Fitness. For more information about My Time Fitness click the logo below.

